





## Soldier and Family Medical Clinic

The Soldier and Family Medical Clinic (SFMC) provides primary medical support to the entire Fort Bliss military community. The population served, approximately 22,000, includes all active duty service members and their families as well as deploying and redeploying troops. The clinic is located in Building 2496 on Ricker Road, next to the base theater. Operating hours are Monday through Friday 0800-1700. The clinic is closed on weekends, holidays, and select training holidays and on the 1<sup>st</sup> Thursday afternoon of the month for training. Special clinics and/or services may be offered periodically to meet our community's medical needs, such as school and sports physicals. Affected beneficiaries and/or units will be informed of their services.

SFMC provides comprehensive appointment based outpatient care services which include: Pharmacy, Laboratory, X-ray, Active Duty Physicals, Immunizations, Physical Therapy, Community Mental Health, Preventive Medicine, Community Health, the Wellness Center, and Hearing Conservation. Additionally, our providers evaluate and treat adult and pediatric acute minor illness and chronic stable conditions, minor orthopedic conditions/injuries, and sexually transmitted infections. Our providers also perform minor surgeries and procedures and provide well child, well woman and routine gynecology and obstetrics care. The next higher echelon of care is at William Beaumont Army Medical Center (WBAMC). This is a full-service facility providing both inpatient and out patient care. WBAMC is the HQ's responsible for the SFMC. If more comprehensive care is required you will be sent to WBAMC on a referral basis only by a SFMC provider.

The first line of medical care for active duty Soldiers attending the US Army Sergeants Major Academy is the Soldier Family Medical Clinic. SFMC provides quality primary medical care to all active-duty Soldiers and their family members at Fort Bliss. Active duty Soldiers and their family members are assigned (empanelled) to a Doctor, Nurse practitioner or a Physician Assistant, who will be their primary care manager (PCM). The primary care manager is a member of a team of providers and support staff, who will provide care in the event that the patient's assigned PCM is unavailable.

Military sick call is by appointment. **USASMA Soldiers can make an appointment by calling 569-2273 starting at 0645 daily.** This appointment process is utilized for all medical concerns and types of appointments (i.e. same day, non-urgent, wellness). All Soldiers must present with a valid military ID card.

All empanelled family members can make an appointment by calling 569-2273 starting at 0645. This appointment process is utilized for all medical concerns and types of appointments (i.e. same day, non-urgent, wellness/physical exams). All family members must present with a valid ID card.

Medical conditions that occur during the duty day, for active duty Soldiers or family members may be addressed by calling the Telephone Advice Nurse (TAN) line at 569-4444. Depending on medical condition, the TAN nurse can provide education and recommendations for self care medications and /or treatments, an appointment with the SFMC Same Day Appointment (SDA) provider or referral to the Emergency Department. SFMC will see walk-ins only for acute illness or injuries that occur during the duty day and these patients will be seen according to medical priority.

Active Duty physicals consist of part I and part II. Part I of the physical exam is done on a walk-in basis, Monday-Friday, beginning at 0800. Patients must be fasting for 12 hours (nothing to eat or drink, except water) Part II, the medical exam, is done after part I is completed and is by appointment only. For information regarding all physical exams or flight physicals, or to make your appointment, call 568-1719.

The Active Duty Immunization Clinic is open on a walk-in basis from 0800-1700, Monday-Friday. It is closed daily from 1130-1300 for lunch, as well as the 1<sup>st</sup> Thursday afternoon of the month for training.

For more information about the clinic, call 569-1099 or 568-3088.

If students with family members have not updated their DEERS/TRICARE/United Concordia enrollment information, this must be done immediately. DEERS enrollment information can be accessed by calling 1-800-538-9552. TRICARE enrollment information can be updated by logging on to <a href="http://www.tricareonline.com/">http://www.tricareonline.com/</a> or call 1-800-874-9378. To update United Concordia/Tricare Dental Program information log on to <a href="http://www.ucci.com">www.ucci.com</a> or call 1-800-866-8499. It is mandatory that all active duty service members attending the Sergeants Major Academy be enrolled in TRICARE for this region.

SELF–CARE MEDICATION REQUEST – in order to acquire over-the-counter medications or Self-Care medications, you must first attend a wellness briefing. A

wellness briefing will available to Soldiers and family members upon inprocessing at USASMA or can be done on an individual walk-in basis at the SFMC.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) SCREENING. Upon arrival, you must proceed to the Fort Bliss Community Services Center, building 2494, Monday through Friday between 0730-1630 to register your family members. Contact the William Beaumont Army Medical Center website at <a href="https://www.wbamc.amedd.army.mil">www.wbamc.amedd.army.mil</a> for additional information concerning the EFMP program or call the program administrator at 569-1830.

## **Soldier and Family Medical Clinic**

Bldg. 2496 Fort Bliss, TX

Main Desk (915) 568-1719 Family Practice (915) 568-9892 Wellness Center (915) 568-9959

